Sue A. Weber Hellstenius BSc, DC, MSc Pediatric Musculoskeletal Health

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Qualifications

- Bachelor of Science (BSc), Biology/Chemistry, magna cum laude, SUNY Albany, 1980, USA
- Doctor of Chiropractic (DC), magna cum laude, valedictorian, WSCC, 1988, OR. USA
- Masters in Advanced Practice Pediatric Musculoskeletal Health (MSc), AECC/ BU, 2008 England

Awards

- Chiropractor of the Year 2015: Awarded for efforts to increase knowledge of musculoskeletal problems in infants and children through her work in implementing guidelines and education in the treatment of children.

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Integration with wider health care/expert panels

- First non-pediatrician to be invited to participate in the Swedish Health Technology assessment (HTA) team to evaluate the evidence for chiropractic treatment of infant colic and potential adverse effects 2016.

- Invited expert to participate in Delphi panel, international process of developing guidelines for the chiropractic treatment of the pediatric patient, successfully completed in 2009 and 2016.

- Invited expert to participate in the Delphi panel regarding a definition and severity classification for adverse events following spinal and peripheral joint manipulation.

Service to the Profession

- Editor for review board for the journals: JMPT, JCCP and publisher Livingstone/Churchill
- Guest lecturer for the Masters in Chiropractic Pediatrics through Bournemouth University
- Faculty Royal College of Chiropractic (FRCC, England)
- Faculty and chairperson of special interest group within pediatrics for European Academy of Chiropractic (EAC, ECU)
- Developed the pediatric education program for Licensed Swedish Chiropractors National Organization (LKR) and the European Academy of Chiropractic (EAC) 2014-2016
- Educator for an advanced postgraduate pediatric education for the American Chiropractic Association (ACA)
- Lead Educator developing a comprehensive pediatric postgraduate program at the Northeast College of Health Sciences

Consultant to Industry

- Consultant to IKEA regarding safe mattress design for infants 2006
- Consultant with the World Health Organization recommending non-pharmacological alternatives for infants and children

Proposals:

- Proposed to the Swedish national organization to implement guidelines for a minimum education for the treatment of the infant patient which have since been formulated.
- Proposal of guidelines to the ECU for discussion in 2016.

Public Health

- Prenatal classes for pregnant families focusing on posture, appropriate exercises, intervention for dystocia and strategies to succeed in breastfeeding
- Education in the children's health center to increase understanding of the biomechanical problems associated with suboptimal breastfeeding
- Education to parents for supine sleep for infants secondary to Public Health Initiative.
- Education for parents to improve gross motor skills in infants with asymmetry.
- Improving education to recognize Borrelia masquerading as a musculoskeletal issue

Key Publications

Weber S. 2008. Conference and Research Symposium in Chiropractic Paediatrics:Pharmaceutical treatment for migraine prevention in children: Is there evidence to support its safety and efficacy? ICA Council on Chiropractic; Paediatrics, Australia

Weber S. 2009. Recurrent neck pain and headaches in preadolescents associated with mechanical dysfunction of the cervical spine. J Manipulative Physiol Ther;32:625-634.

Weber S. 2009. Foundation of Chiropractic Education and Research: Research Symposium: Craniocervical dysfunction in the infant and apnea. Chicago

Miller J, & Weber S. 2013. Is Infant Colic an Allergic Response to Cow's Milk? What is the evidence? JCCP;14(1)1097-1102.

Weber S. 2020. A risk too great? Stroke implications with manual therapy for the pregnant patient: A scoping review. Journal of Clinical Chiropractic Pediatrics;19(1)1676-81.

Weber S. 2021. Headaches in children: Part 1. The changing phenotypes of migraine headache in infants, children and adolescents. Journal of Clinical Chiropractic Pediatrics;20(1)1747-56.

Weber S. 2021. Headaches in children: Part 2 The changing phenotypes of headaches in children. Journal of Clinical Chiropractic Pediatrics;20(1)1802-13.

Weber S. & Miller A. 2021. Chiropractic history and examination forms for the infant, pre-school, and school-aged child. Journal of Clinical Chiropractic Pediatrics;20(2)1826-41.

Weber 2022. Pediatric headache questionnaire, exam and history forms for the chiropractor. Journal of Clinical Chiropractic Pediatrics;21(1)1871-83.

Weber S. 2023. International peer-reviewed chiropractic pediatric history and examination forms for the infant, child, and adolescent. Journal of Clinical Chiropractic Pediatrics;22(1) 1958-83.

Weber SA. 2025. Comments on Guidelines for Manipulation and Mobilization for the Paediatric Patient Physiotherapist. HSOA J Altern Complement Integr Med; 2025;11: 569.

Weber SA. 2026. Areas of professional development in chiropractic pediatrics

Chiropractic as primary pediatric musculoskeletal care. JCCP; 23(1)2089-91.

Weber SA. 2026. Master pediatric headache form. JCCP;23(1)2092-3.

Curriculum Vitae Sue Weber Hellstenius 2026