

## **Curriculum Vitae**

Sue A. Weber Hellstenius BSc, DC, MSc Chiropractic Paediatrics

### **Qualifications**

- Bachelor of Science (BSc), Biology/Chemistry, magna cum laude, SUNY Albany, 1976, USA
- Doctor of Chiropractic (DC), magna cum laude, valedictorian, WSCC, 1988, OR. USA
- Diplomate Chiropractic Paediatrics, Anglo-European College of Chiropractic, 2004, England
- Masters in Advanced Practice of Chiropractic Paediatrics (MSc), AECC/ BU, 2008 England

### **Awards**

- Chiropractor of the Year 2015
- Awarded for efforts to increase knowledge of musculoskeletal problems in infants and children through her work in implementing guidelines and education in the treatment of children

### **Integration with wider health care/expert panels**

- First non-paediatrician to be invited to participate in the Swedish Health Technology assessment (HTA) team to evaluate the evidence for chiropractic treatment of infant colic and potential adverse effects 2016
- Invited participant in Delphi panel, international process of developing guidelines for the chiropractic treatment of the paediatric patient, successfully completed in 2009 and 2016

### **Service to the Profession**

- Editorial review board for the journals: JMPT, JCCP and publisher Livingstone/Churchill
- Invited speaker to many associations and colleges since 2006
- Lecturer for the Master in Chiropractic Pediatrics through Bournemouth University
- Faculty Royal College of Chiropractic (RCC, England)
- Faculty and chairperson of special interest group within paediatrics for European Academy of Chiropractic (EAC) within the European Chiropractic Union (ECU)
  - Working to standardize pre and post graduate chiropractic paediatric education internationally
  - Active in the Global Education Network for Chiropractors (GEN-C) videotaping our education modules for the profession
- Developed a comprehensive paediatric education programme for Licensed Swedish Chiropractors National Organisation (LKR) and the European Academy of Chiropractic (EAC) 2014-2016
  - Implemented full course in chiropractic paediatrics along with elective courses due to student demand.
  - This coursework involved 11 hours of education in each of the following modules:
    - 1. Neonate
    - 2. Infant
    - 3. Toddler and child
    - 4. Adolescent
    - 5. The Pregnant Patient
    - 6. Neuropediatrics

**Consultant to Industry**

- Consultant to IKEA regarding safe mattress design for infants 2006

**Research articles published, 6 abstracts/full papers accepted for proceedings and publication**

**Proposals:**

- Proposed to the Swedish national organisation to implement guidelines for a minimum education for the treatment of the infant patient which have since been formulated
- Proposal of guidelines for the treatment of the paediatric patient to the ECU

**Public Health**

- Prenatal classes for pregnant families focusing on posture, appropriate exercises, intervention for dystocia and strategies to succeed in breastfeeding
- Education in the children's health center to increase understanding of the biomechanical problems associated with suboptimal breastfeeding
- Education to parents for supine sleep for infants secondary to Public Health Initiative: Backto-sleep and education to clinicians on how to treat infants so that they can comfortably sleep supine
- Education for athletic trainers in the long term consequences of concussion in the developing athlete
- Education to parents to improve gross motor skills in toddlers and preschoolers in an effort to reduce risks for obesity
- Improving education to recognize Borrelia masquerading as a musculoskeletal issue