

Sue A. Weber Hellstenius BSc, DC, MSc Chiropractic Paediatrics

Qualifications

- Bachelor of Science (BSc), Biology/Chemistry, magna cum laude, SUNY Albany, 1976, USA
- Doctor of Chiropractic (DC), magna cum laude, valedictorian, WSCC, 1988, OR. USA
- Diplomate Chiropractic Paediatrics, Anglo-European College of Chiropractic, 2004, England
- Masters in Advanced Practice of Chiropractic Paediatrics (MSc), AECC/ BU, 2008 England

Awards

- Chiropractor of the Year 2015
- Awarded for efforts to increase knowledge of musculoskeletal problems in infants and children through her work in implementing guidelines and education in the treatment of children.

Integration with wider health care/expert panels

- First non-paediatrician to be invited to participate in the Swedish Health Technology assessment (HTA) team to evaluate the evidence for chiropractic treatment of infant colic and potential adverse effects 2016.
- Invited participant in Delphi panel, international process of developing guidelines for the chiropractic treatment of the paediatric patient, successfully completed in 2009 and 2016.

Service to the Profession

- Editorial review board for the journals: JMPT, JCCP and publisher Livingstone/Churchill
- Invited speaker to many associations and colleges 2006- 2018
- Lecturer for the Master in Chiropractic Pediatrics through Bournemouth University
- Faculty Royal College of Chiropractic (RCC, England)
- Faculty and chairman of special interest group within paediatrics for European Academy of Chiropractic (EAC, ECU)
- Developed the paediatric education programme for Licensed Swedish Chiropractors National Organisation (LKR) and the European Academy of Chiropractic (EAC) 2014-2016.
 - Implemented full course in chiropractic paediatrics along with elective courses due to student demand.
 - This coursework involved 11 hours of education in each of the following modules:
 - 1. Neonate
 - 2. Infant
 - 3. Toddler and child
 - 4. Adolescent
 - 5. The Pregnant Patient
 - 6. Neuropediatrics

Consultant to Industry

- Consultant to IKEA regarding safe mattress design for infants 2006

Research articles published, 5 abstracts/full papers accepted for proceedings and publication

Proposals:

- Proposed to the Swedish national organisation to implement guidelines for a minimum education for the treatment of the infant patient which have since been formulated.
- Proposal of guidelines to the ECU for discussion in 2016.

Public Health

- Prenatal classes for pregnant families focusing on posture, appropriate exercises, intervention for dystocia and strategies to succeed in breastfeeding
- Education in the children's health center to increase understanding of the biomechanical problems associated with suboptimal breastfeeding
- Education to parents for supine sleep for infants secondary to Public Health Initiative: Back-to-sleep and education to clinicians on how to treat infants so that they can comfortably sleep supine.
- Education to parents to improve gross motor skills in toddlers and preschoolers in an effort to reduce risks for obesity.
- Improving education to recognize Borrelia masquerading as a musculoskeletal issue